

INSTRUCTIONS FOR IMPLANTATION OF BULKING AGENT INTO THE URETHRAL SPHINCTER

Academic Urology-Pottstown/Phoenixville

Day time phone (610) 323-5550 Pottstown or (610) 935-9010 Phoenixville

Emergency phone after 5:00pm (610) 792-2871

NATURE OF THE PROCEDURE

The objective of injecting a bulking agent into the bladder neck with a fiber optic scope is to obtain a better seal at the urethral sphincter and prevent urinary leakage. In our practice we refer to this as cystoscopy and urethral implantation of a “bulking agent”. The procedure is often performed when the patient is anesthetized with sedation (MAC) and sometimes it may be performed under spinal anesthesia. It is usually a very short procedure that may range anywhere from between 5 to 15 minutes. Because this is an endoscopic procedure there are no incisions made and this is not an open procedure. Your urologist may provide you with a brochure that describes the specific “bulking agent” that will be used.

INSTRUCTIONS PRIOR TO THIS PROCEDURE

Do not eat or drink anything including water after midnight the evening prior to the operation. Do not smoke at least 12 hours before or after the procedure and do not drink alcohol 24 hours prior to the procedure. Do not take Aspirin or and Aspirin containing products or drugs containing Ibuprofen for 10 days prior to the scheduled treatment. You can take Tylenol or ask your physician for recommendations. If you are taking anti-coagulants such as Coumadin, please consult with your physician, as this medication may need to be discontinued 5 days prior to the procedure. If you have had kidney or bladder x-rays taken at institutions other than the hospital at which you are having your procedure performed, please check with our office staff to determine if you need to bring them with you the day of the procedure. Leave all valuables at home and wear comfortable clothing. If you have a managed care insurance, it is your responsibility to obtain referrals from your primary care physician.

DAY OF PROCEDURE

After the procedure a urethral catheter is not commonly placed. However, if you are unable to empty your bladder immediately after the procedure, a catheter may be temporarily placed to simply drain the bladder and then it would be removed. In most cases you will be able to go home with no catheter and voiding on your own. It is not uncommon to have a small amount of blood spotting in the urethral opening or blood tinged urine. Keep in mind it only takes **1 drop of blood to make a whole gallon of water red**. It is important to drink a fair amount of fluids after the procedure. You may also be given an antibiotic to prevent an infection.

AFTER THE PROCEDURE

To prevent infections you may be given an antibiotic to take 3 – 5 days after the procedure. You should contact our staff if you experience a temperature of 101° or greater. Other signs of infection may include increasing burning with urination, frequency and urgency of urination. If you are unable to urinate for more than 4 hours you must contact our office. In some cases we may provide you with Pyridium which is a medication that can alleviate pain or burning with urination. This tiny pill can be taken approximately every 8 hours as needed for burning. This medication will turn the urine an orange-yellow color. You may also be given an anti-cholinergic such as Ditropan or Detrol to help control an overactive bladder.

We rarely prescribe narcotic pain medication since this is generally a very well tolerated procedure with little if any discomfort. You can take Tylenol or Ibuprofen for discomfort.

FOLLOW UP APPOINTMENTS

Call (610) 323-5550 Pottstown Office or (610) 935-9010 Phoenixville Office to schedule an appointment to see :

____ Drs. Rose ____ Leech ____ Moreno ____ Kabler ____ Kalra
in ____ days or ____ weeks

MEDICATIONS

Take ____ Levaquin one daily until finished
____ Cipro twice daily until finished
____ Bactrim DS one twice daily until finished
____ Pyridium/or Prosed as directed