

**INSTRUCTIONS CIRCUMCISION (ADULT)**

Academic Urology-Pottstown/Phoenixville

Day time phone: 610.323.5550 (Pottstown) or 610.935.9010 (Phoenixville)

Emergency Phone after 5 pm 610.792.2871

**NATURE OF THE PROCEDURE**

A circumcision involves removal of foreskin that covers the head of the penis. This is performed in the operating room and it can be done under sedation, local, spinal or general anesthesia. Procedure takes about 25 to 30 minutes and at the end of the procedure there are sutures that will dissolve on their own.

**INSTRUCTIONS PRIOR TO ENDOSCOPIC PROCEDURE**

Do not eat or drink anything including water after midnight the evening prior to the operation. Do not smoke for at least 12 hours before or after the procedure and do not drink alcohol 24 hours prior to the procedure. Do not take aspirin or any aspirin-containing products or drugs containing Ibuprofen for 10 days prior to the scheduled treatment (see complete list). You can take Tylenol or ask your physician for recommendations. If you are taking anti-coagulants such as Coumadin, please consult with your physician, as this medication may need to be discontinued 5 days prior to the procedure. Leave all valuables at home and wear comfortable clothing. If you have HMO insurance, it is your responsibility to obtain referrals from your primary care physician.

**AFTER THE PROCEDURE**

At the end of the procedure Bacitracin ointment is applied and in some cases a dressing is applied. If there is a dressing it should be removed after 24 hours. If it falls off within the 24-hour period, it can then be left off. Should there be any oozing or bleeding we would recommend applying pressure to the site for approximately 10 to 15 minutes. Once the dressing is off we recommend that you apply Bacitracin ointment to the area 2 or 3 times a day for approximately 10 days. During this time period we recommend that you avoid tub baths. You can shower 24 hours after the procedure but you need to let the water run off of your back. It is best not to soak the sutures in order to prevent them from dissolving prematurely.

For discomfort, we will provide you with Vicodin or Percocet. In some cases your surgeon may provide you with an antibiotic to take 3 days after your procedure. Some swelling soreness and bruising is expected for a few days. If after 5 days there is increasing redness, swelling, tenderness, and/or a yellow discharge we recommend that you contact us to make sure you are not developing a wound infection. You should expect to experience extra sensitivity to the head of the penis for several weeks after the procedure. You can resume sexual intercourse 6 weeks after the time of the procedure. You should make a follow up appointment to see your surgeon.

**FOLLOW-UP APPOINTMENTS AND POSSIBLE STUDIES NEEDED**

Call 610.323.5550 or 610.935.9010 to schedule an appointment to:

\_\_\_ see Dr. Rose Leech Moreno Kabler or Kalra in \_\_\_ day(s) or \_\_\_ week(s)

**MEDICATIONS**

Take: \_\_\_ Levaquin one daily until finished. \_\_\_ Tylenol or Motrin as needed  
 \_\_\_ Percocet one to two every 4 hours as needed for pain.

\_\_\_ Apply an antibiotic ointment (ie Neosporin) to the wound twice daily for 10 days.

04/27/2012