

INSTRUCTIONS FOR URETHRAL MEATOTOMY

Academic Urology-Pottstown/Phoenixville

Day time phone: 610-323-5550 (Pottstown) or 610-935-9010 (Phoenixville)

Emergency Phone after 5 pm 610-792-2871

NATURE OF THE PROCEDURE

A penile urethral meatotomy involves enlarging the urethral opening with a small incision. Suturing is often not needed. This out-patient procedure is performed under general anesthesia in the hospital. It usually takes approximately five minutes.

PREPARATION FOR THE PROCEDURE

The child is not permitted to eat or drink anything, including water, after midnight the evening prior to the procedure. The child should not take any aspirin or Ibuprofen-containing products 10 days prior to the procedure and no Aspirin for 2 days after the procedure. If you have HMO insurance, it is your responsibility to obtain a referral from your primary care physician.

AFTER THE PROCEDURE

Antibiotic ointment such as over-the-counter Neosporin or Bacitracin is applied to the penis. We recommend dabbing antibiotic ointment onto the tip of a Q-tip and the Q-tip is then applied to the tip of the penis twice a day for a week. We recommend gently spreading the opening of the penis with the Q-tip to encourage optimal healing. If there is bleeding or oozing we recommend that you apply pressure to the area for 10 to 15 minutes. If bleeding or oozing persists we recommend that you contact our staff. Should there be any steady increasing pain, swelling, tenderness and redness, you can contact us to make sure there is no infection. Depending on the age of the child, either Tylenol or Tylenol with Codeine can be administered for pain relief. Discomfort from the procedure is usually limited to 1 to 3 days after the procedure.

FOLLOW-UP APPOINTMENTS AND POSSIBLE STUDIES NEEDED

Call 610-323-5550 or 610-935-9010 to schedule an appointment to:
_____ see Dr. Rose Leech Moreno Kabler Kalra in _____ day(s) or _____ week(s)

MEDICATIONS

Take: _____ Tylenol with codeine elixir
_____ Apply Bacitracin ointment or an antibiotic ointment to the wound twice daily for 7 days.

04/30/2012