

**INSTRUCTIONS FOR SCROTAL SURGERY (ie REMOVAL OF CYST)**  
**Academic Urology-Pottstown/Phoenixville**  
**Day time phone: 610.323.5550 (Pottstown) or 610.935.9010 (Phoenixville)**  
**Emergency Phone after 5 pm 610.792.2871**

**NATURE OF THE PROCEDURE**

A hydrocelectomy involves removing the sac that contains water that surrounds the testicle. An opening is made across the scrotum and the water is drained and the lining of that sac is then removed. A spermatocelectomy similarly involves the removal of a fluid filled cyst. In select cases, a small rubber drain is left in place at the end of the procedure.

**INSTRUCTIONS PRIOR TO SCROTAL PROCEDURE**

Do not eat or drink anything including water after midnight the evening prior to the operation. Do not smoke for at least 12 hours before or after the procedure and do not drink alcohol 24 hours prior to the procedure. Do not take aspirin or any aspirin-containing products or drugs containing Ibuprofen for 10 days prior to the scheduled treatment. You can take Tylenol or ask your physician for recommendations. If you are taking anti-coagulants such as Coumadin, please consult with your physician, as this medication may need to be discontinued 5 days prior to the procedure. If you have had x-rays taken at institutions other than the hospital at which you are having your procedure performed, please check with our office scheduling staff to determine whether you need to bring them with you the day of the procedure. Leave all valuables at home and wear comfortable clothing. If you have HMO insurance, it is your responsibility to obtain referrals from your primary care physician.

**DAY OF THE PROCEDURE**

After the procedure is performed, a substantial amount of gauze dressings are applied to the scrotum and an athletic support is placed over this area. An ice pack is applied to the scrotum and this should be applied for 24 hours after the time of the procedure. It is important that you stay off of your feet for 24 hours after the procedure.

**DAY AFTER THE PROCEDURE**

The day after the procedure the gauze dressing is removed. You may need to replace the gauze if you have spotting. If a drain was placed you will need to see your surgeon or one of our nurses who may remove the drain. After that, it is important that you try to keep the scrotum dry. Although you can shower, we recommend that you let the water fall off of your back. You should refrain from any tub baths for approximately 10 days after the procedure. The reason for keeping this area dry is because the sutures will dissolve prematurely if they are soaked. During this time we recommend that you apply Bacitracin ointment to the wound twice daily and wear supportive underwear for a minimum of 10 days.

Keep in mind that it is not uncommon to experience a lot of swelling in the scrotum after the procedure along with a purplish discoloration. The purplish discoloration will typically resolve approximately 10 days after the procedure. However, there will be persistent swelling which may take 4-6 weeks to settle down. We recommend that you do not do heavy lifting for 2 weeks after the procedure and you can return to work approximately 10 to 14 days after the procedure. Talk to your surgeon regarding how much time to take off from work. You may not experience complete resolution of swelling in the scrotum until approximately 2 to 3 months after the procedure. You are advised to call us if you experience increasing pain, tenderness or redness in the wound which can be a sign of infection. After the procedure you will be given an antibiotic to take for a few days and Vicodin or Percocet for pain relief.

### **FOLLOW-UP APPOINTMENTS AND POSSIBLE STUDIES NEEDED**

Call 610.323.5550 (Pottstown office) or 610.935.9010 (Phoenixville office) to schedule an appointment to:

- \_\_\_ see Dr. Rose Leech Moreno Kabler or Kalra in \_\_\_ day(s) or \_\_\_ week(s)
- \_\_\_ see nurse in \_\_\_ day(s) for drain removal.

### **MEDICATIONS**

- Take \_\_\_ Levaquin one daily until finished.  
\_\_\_ Cipro twice daily until finished.  
\_\_\_ Duricef twice daily until finished  
\_\_\_ Vicodin one to two every 4 hours as needed for pain.  
\_\_\_ Percocet one to two every 4 hours as needed for pain.  
\_\_\_ Apply Bacitracin to wound twice daily for 10 days.

Regarding Spinal Anesthesia: If you develop a headache specifically after **SPINAL ANESTHESIA**, we recommend drinking more fluids, a caffeinated beverage (ie coffee, coke) and bed rest. If this does not relieve your “spinal headache” you must contact the hospital anesthesiologist on call.

Pottstown Hospital (610) 327-7000  
Phoenixville Hospital (610) 983-1000