



ACADEMIC UROLOGY

Pottstown | Phoenixville

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DATES AND TIMES TO REMEMBER

You will need to report to our Pottstown/Phoenixville office at: _____ On _____

Please check with your insurance carrier regarding coverage as this is an elective procedure.

Procedure code 55250. Diagnosis code V25.2

INSTRUCTIONS FOR CARE BEFORE THE VASECTOMY

- 1.) Shave your scrotum and trim pubic area the night before scheduled surgery.
- 2.) If your vasectomy is scheduled for the morning just eat a light breakfast-no meats or greasy fried foods. If your vasectomy is scheduled for the afternoon, you may have breakfast and a light lunch-no milkshakes, no sodas, no burgers or hoagies or greasy fried foods.
- 3.) Please refer to the list attached for medications that you cannot take.
- 4.) **YOU WILL NEED TO ARRANGE TO BE DRIVEN HOME AFTER THE PROCEDURE (DRIVING YOURSELF IS POTENTIALLY RISKY).**

INSTRUCTIONS FOR CARE AFTER THE VASECTOMY

- 1.) Do not return to physical work for two days or later if you do not feel comfortable.
- 2.) Tylenol or a similar mild medication for pain if needed.
- 3.) You will need **2 pairs of either boxer briefs or plain briefs with you at the time of the procedure. Plain boxers are not acceptable.**
- 4.) You may take a shower the day after the procedure but avoid sitting in dirty bath water. Warm soaks in clean bath water may be started in 48 hours to heal the incision faster or if the edges become irritated.
- 5.) Some swelling up to about the size of a walnut inside the scrotum is normal.
- 6.) Some spotting of blood or slight drainage is normal, as is some "Black & Blue" discoloration of the surrounding skin. Report any excessive bleeding or swelling of the scrotum to the doctors.
- 7.) The sutures will be absorbed or will fall out. No removal is necessary.
- 8.) You must use contraception until advised your **second** semen analysis shows no sperm. (A minimum of 3 months post-op.)
- 9.) On the day of your surgery we will give you an appointment for a post-op visit for one to two weeks, so that we can see how you are healing.

YOUR VAS DEFERENS WILL BE SENT OUT TO A LAB FOR PATHOLOGY. THE LAB WILL BILL YOUR INSURANCE COMPANY DIRECTLY FOR THIS SERVICE. THE LAB WILL BILL YOU FOR ANY PATIENT LIABILITIES.